

# Suture Practice Kit

LM-094B

## Instruction Manual

Thank you for purchasing the Suture Practice Kit.

Please read this instruction manual carefully to ensure correct use of the product,  
and store it in a safe place for easy access.

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## Handling and Safety Precautions

**These precautions should be strictly observed in order to ensure safe, long-term use of the product.**

**The following precautions should be observed particularly strictly:**

### **Suture practice kit pad (hereinafter referred to as “pad”)**

1. The hardness of the pad varies depending on the temperature. For use in cold climates, warm slightly to soften it. Use at room temperature.
2. This pad is a consumable item.
3. Ultraviolet light may cause discoloration and deterioration. Store in a box or other container away from direct sunlight and ultraviolet light.

### **Suture practice kit stand (hereinafter referred to as “stand”)**

4. Always use cold water to wash the adhesive gel pads on the bottom of the stand. Do not use hot water, as this may cause them to deform.
5. After washing the adhesive gel pads, shake off any water droplets and leave the stand to dry naturally. Do not wipe with a towel or other cloth, as this may cause fibers or dust to adhere.
6. If the adhesive gel pads do not recover their adhesive property after washing with water or start to peel away from the stand, please replace them with new pads.
7. If the adhesive gel pads on the bottom of the stand are stored under high-temperature conditions of 50°C or above, they may deteriorate or melt. For long-term storage, store in a dark, cool place away from direct sunlight.
8. The life of the adhesive gel pads attached to the stand will vary greatly depending on the status of their use and storage conditions.

Test product performance around once a year, and replace adhesive gel pads before use in the event that any deformation, breakage, or discoloration becomes apparent.

1. The contents of this instruction manual are subject to change without notice.
2. This instruction manual may not be reproduced in part or in its entirety without permission.
3. Please contact the manufacturer in the event that any errors or omissions are found in the contents of this instruction manual.
4. This product should be used only as described in this instruction manual. In particular, the product should not be used in any way that contravenes the precautions noted in the instruction manual.

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# 1. Outline and Features

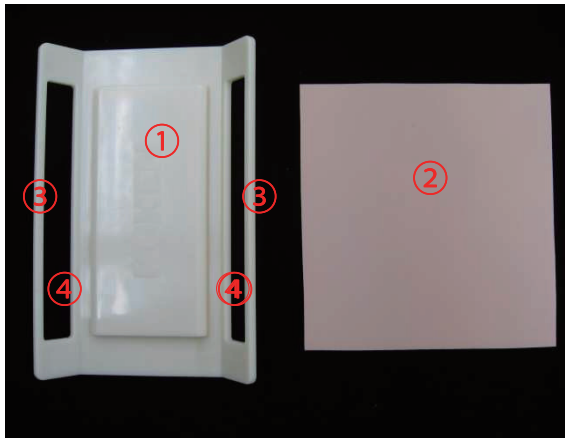
## Outline

Kit for practicing suturing and incisions, which are basic procedures in clinical training. Suitable for practicing skin suturing techniques such as disinfection, suturing, ligation and suture removal.

## Features

1. Sets the skin on a suture practice kit stand, enabling more appropriate skin tension.
2. Reproduces the realistic feel of ligation, enabling it to be performed at the appropriate tension.
3. Allows passage of thread or yarn through the suture practice kit stand hook for practice in tying knots.
4. Allows repeated practice by being able to replace the suture practice kit pad.

## 2. Name of the Parts

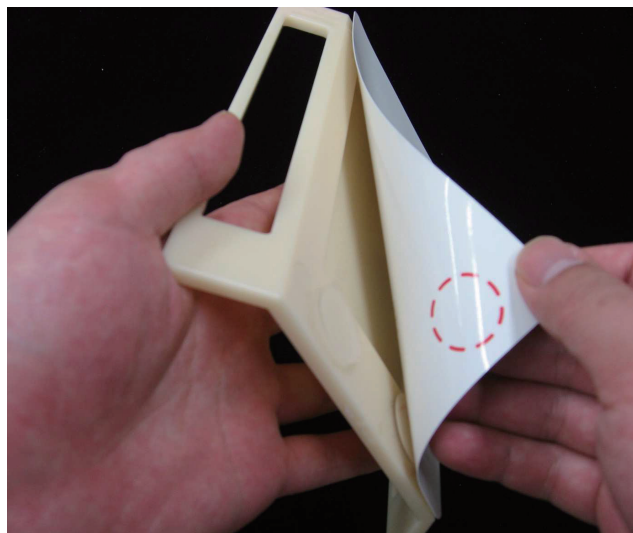


- ① Suture practice kit stand
- ② Suture practice kit pad
- ③ Hook
- ④ Aperture

- ⑤ Adhesive gel pads
- ⑥ Cover sheet

## 3. Instructions for use

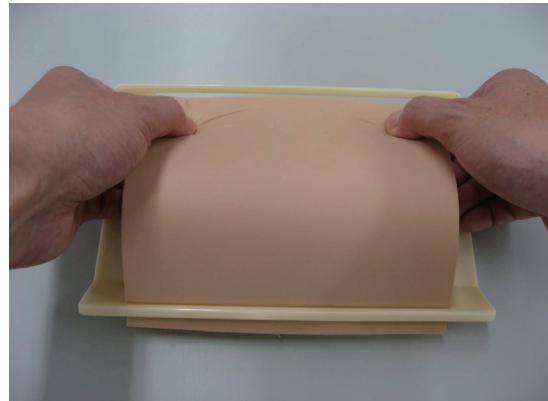
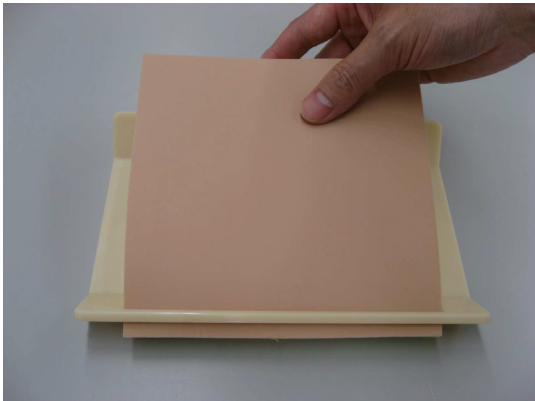
Peel the cover sheet from the bottom of the stand. Do not throw away the cover sheet, as it is needed for use during storage.



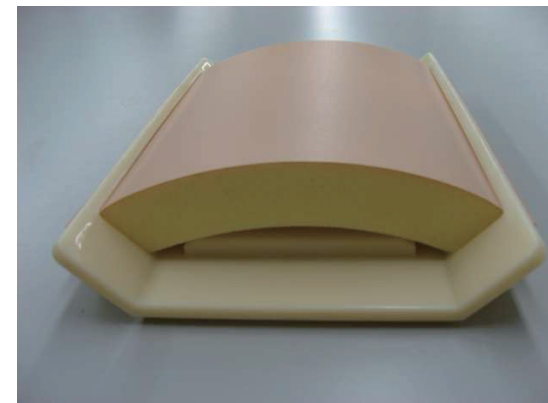
Place the stand on the desk on which you wish to fix the stand, and press it down gently from above. Do not press too strongly, or the stand may be difficult to remove from the desk. Press it down gently, just enough to immobilize the stand.



Set the pad on the stand. To ensure that the pad is caught in the aperture, it has a tight-fitting structure.

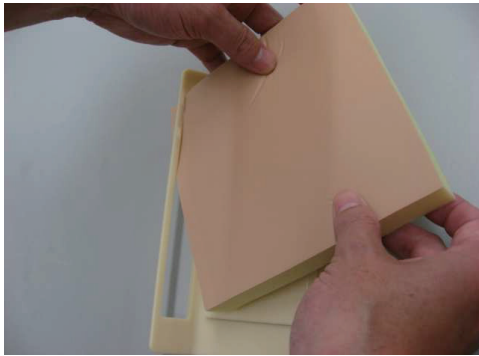


Press down gently on the set pad from above so that it forms the convex shape shown in the photograph below. In this state, practice making incisions and sutures.



## 4. Disassembly and storage

Remove the pad from the stand.



Remove the stand from the desk. Pull it up slowly by the edges of the stand, so that the adhesive gel pads peel away from the desk. Do not pull it up by the hook of the stand, as this may cause the stand to break.



Attach the cover sheet to the adhesive gel pads on the bottom of the stand.



Always store the stand with the cover sheet attached.

If the adhesive gel pads on the bottom of the stand are stored under high-temperature conditions of 50°C or above, they may deteriorate and melt. For long-term storage, store in a dark, cool place away from direct sunlight.

Ultraviolet light causes discoloration and deterioration of the pad. Store in a box or a similar container away from ultraviolet light.



### Regarding the adhesive gel pads

If the adhesive gel pads lose their adhesive property, it can be recovered by washing them in water. If they do not recover their adhesive property after washing with water, or if they peel away from the stand, please replace them with new pads.

Wash the adhesive gel pads in water as shown in the photograph below.

Do not use hot water, as this may cause the adhesive gel pads to deform.



Shake off any water droplets and leave the stand to dry naturally. Do not wipe it with a towel or other cloth, as this may reduce the adhesive property of the gel pads. When the stand is dry, attach the cover sheet to the adhesive gel pads for storage.



## 5. Specifications

Product name	Length	Width	Height	Weight
Suture practice kit pad	Approx. 15 cm	Approx. 15 cm	Approx. 2 cm	Approx. 38g
Suture practice kit stand	Approx. 20 cm	Approx. 14 cm	Approx. 2.7 cm	Approx. 140g